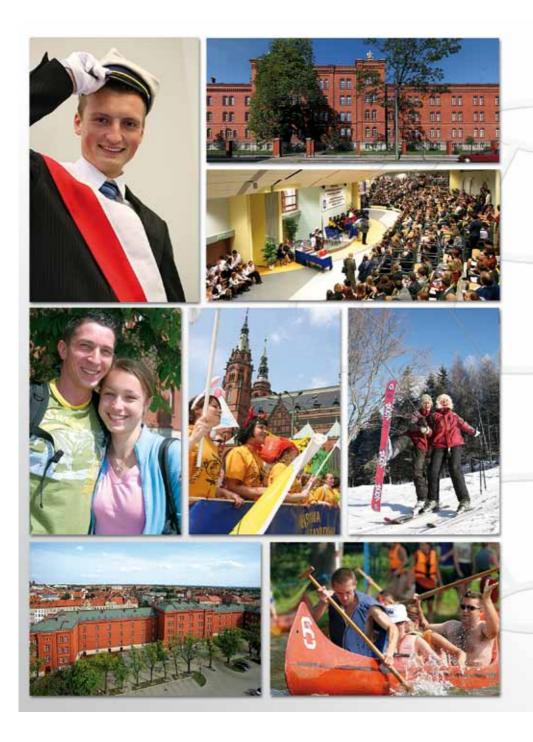
THE WITELON UNIVERSITY OF APPLIED SCIENCES IN LEGNICA









- 3 -

Contents

INTRODUCTION

Facts about the Republic of Poland Facts about Lower Silesia region Travel directions for visitors to Legnica Facts about Legnica

II.

I.

THE WITELON UNIVERSITY OF APPLIED SCIENCES IN LEGNICA

Early beginnings Property Fields of study Term dates and public holidays Language of instruction Polish language course Grading scale

FORMALITIES UPON ARRIVAL

IV.

III.

STUDENT LIFE

Library Student societies Academic Sports Association Academic Club of Tourism Accommodation Health insurance Residence permit Living costs Money facts Public transportation Communication Useful phone numbers

CONTACTS

MINI GLOSSARY

VI.

V.



Device of Polish Republic



Flag of Polish Republic

User

User

User

Wrocław

Silesian coat of arms bottom



Coat of arms of city Wroclaw



Coat of arms of city Legnica



I. INTRODUCTION

Facts about the Republic of Poland

312,685 square kilometers (9th largest country in Europe)

Location:

Area:

central Europe (the Republic of Poland borders the Federal Republic of Germany, the Czech Republic, the Slovak Republic, Ukraine, the Republic of Belarus, the Republic of Lithuania and the Russian Federation)

Population: 38 million Climate: Capital: Language: Religion: Currency:

moderate Warszawa (Warsaw)

Polish

Catholicism

złoty (PLN)

Government: parliamentary republic

Since May 1st 2004, Poland has been a Member State of the European Union, Poland is also a member of the UN, the Council of Europe, the Organization for Economic Cooperation and Development, the Central European Free Trade Association, the Central European Initiative, the World Trade Organization and NATO.





Coat of arms of city Warszawa



Facts about Lower Silesia Region

The region of Lower Silesia (Dolny Śląsk) covers an area of around 20,000 sq km and is populated by approximately 3 million people. It is bordered by Lubuskie and Wielkopolskie provinces to the north, Opolskie province to the east, Germany to the west and the Czech Republic to the south.

There are a number of tourist attractions in the Lower Silesia region including: the Sudetes, Stołowe, Karkonosze and Rudawy Janowickie mountains; the Kłodzko valley; a large number of castles; and many other architectural monuments. Lower Silesia is also home to lots of geological curiosities such as caves, rocky labyrinths and several long-extinct volcanoes. Among the many mineral springs there are some thermal and radioactive ones!

The river system of Lower Silesia is formed by the Odra (Oder) and its tributaries; there are also a number of large artificial lakes and interesting waterfalls. Large parts of Lower Silesia are forested, including the Sudetes and Lower Silesian forests. There are two national parks and numerous nature reserves, the best-known of which is Milicz Ponds, the largest bird reserve in southern Poland.

The capital and perhaps major tourist attraction of the province is the city of Wroclaw. Other interesting towns and cities include: Glogow, Jelenia Gora, Klodzko and Legnica.



Travel directions for visitors to Legnica

By road

From Warszawa – about 6 hours (412 km) From Wrocław – about 50 minutes (77 km) From Zgorzelec – about 1 hour (103 km)

By plane

Legnica can easily be reached from *Copernicus Airport in Wroclaw* (Port Lotniczy im. M. Kopernika we Wrocławiu – *http://www.airport.wroclaw.pl*) by train, coach or minibus (it is only 70 km away from it).

To get to your destination from *Fred*eric Chopin Airport in Warsaw (Port Lotniczy im. F. Chopina w Warszawiehttp://www.lotnisko-chopina.pl) you need to take a train (distance:350 km).

By train

From *Copernicus Airport in Wroclaw* you can catch the 406 bus to the central railway station (*Dworzec Główny*), which takes approx. 40 min. (bus fare – about 3,00 zł; get off at *Dworcowa* Street) or you may use one of the licensed taxi services (for example: Radio Taxi, phone: +487119622). Then continue your journey to Legnica by train.

From *Frederic Chopin Airport in Warsaw* you can catch the 175 bus (or the N32 night bus service) to Warsaw central railway station (*Dworzec Centralny*), which takes approx. 30 min. Buy your bus ticket at a newsagent's at the airport (bus fare – about 3,00 zł). Alternatively, use one of the licensed taxi services (for example: MPT Radio Taxi, phone: +48 221 91 91 or Merc Taxi, phone: +48 226 777 777). Then continue your journey to Legnica by train.

There is a train connection between *Dworzec Centralny* in Warsaw or *Dworzec Glówny* in Wroclaw and the railway station in Legnica.

Please consult: http://www.rozklad.pkp.pl for up-to-date train schedules.

Go to the ticket hall and queue to buy a oneway ticket to Legnica.













Facts about the city of Legnica

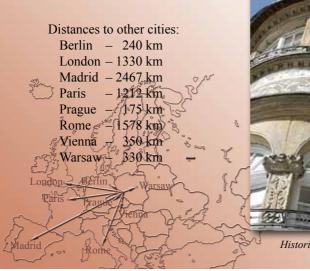
Legnica is situated in the south-west of Poland. It is the third largest city of Lower Silesia and one of the oldest in this part of the country. The city is situated on the River Kaczawa in Silesian Lowlands, the warmest region of Poland. Legnica covers an area of 56.29 square kilometers and has a population of 106,000. The city cooperates with the following foreign cities: Wuppertal (Germany) since 1993, Drohobycz (Ukraine) since 1999, Blansko (The Czech Republic) since 2000 and Roanne (France) since 2006.



A complex of eight Renaissance three-storey houses called "Herring Stalls" (Śledziówki), first mentioned in 1574



St. Mary's Church dating back to the 14th century





Historical tenement-hause in Legnica "At quail basket" quot

Tourist attractions



A 13th –century castle



Urban park of Legnica



Museum of Copper in Legnica



Old Town Hall



The Piast Mausoleum



II. THE WITELON UNIVERSITY OF APPLIED SCIENCES IN LEGNICA

Early beginnings

On 16th June, 1998 the first independent university was established in Legnica. In its early days, the institution had no academic didactic staff or material property of its own. Despite those difficulties, within a few years the school has become one of the largest of the kind in Poland. Today over nine thousand daily, extramural and post-graduate students are educated here and the area of the didactic halls exceeds 21 thousand square meters.



Property

Building A houses administrative rooms, lecture halls, language laboratories, classrooms, computer study rooms, a weight room, fitness club and a café.

Building C houses lecture rooms, computer laboratories, language study rooms, classrooms, the library and a reading room.

Building E houses four lecture rooms for over 1,000 people in total.

é



Licentiate studies Enginieering studies Master's degree studies

Field of Administratuin Field of Economy Field of Environmental Protection Field of Philology Field of Pedagogy Field of Nursing Field of Political Science Field of Emergency Medical Care Field of Tourism and Recreation

Field of Psyhical Education Field of Managment Field of Computer Science Field of Managment and Production Engineering

Fields of study

1. Faculty of Administration

- 1) Field of Administration (BA studies) including the following specializations:
 - a) public administration
 - b) environmental protection administration
 - c) public safety and security administration
 - d) municipal and economic administration
- Field of Environmental Protection (engineering studies) including the following specialization:
 - a) environmental protection systems





2. Faculty of Humanities

Field of Philology (BA studies) including the following specializations:

- 1) English philology and computer science
- 2) English philology
- 3) German philology
- 4) Russian philology



3. Faculty of Management and Computer Science

- 1) Field of Computer Science (engineering studies) including the following specializations:
 - a) computer systems and networks
 - b) multimedia and Internet systems
 - c) computer graphics
 - d) information systems management
- 2) Field of Management (BA studies) including the following specializations:
 - a) enterprise management
 - b) small and medium enterprise management
 - c) financial management
 - d) human resources management
- Field of Management and Production Engineering (engineering studies) including the following specializations:
 - a) industrial systems controlling
 - b) logistics
 - c) occupational safety engineering
- 4) Field of Management and Production Engineering (MA studies) including the following specializations:
 - a) energy from renewable resources
 - b) information technologies in production engineering
 - c) security
- 5) Field of Economy (BA studies) including the following specializations:
 - a) economic analysis
 - b) accounting and internal audit

4. Faculty of Political Science

- 1) Field of Political Science (BA studies) including the following specializations:
 - a) public services
 - b) public communication and public relations
 - c) European integration









5. Faculty of Pedagogy, Tourism and Recreation

- 1) Field of Pedagogy (BA studies) including the following specializations:
 - a) social work
 - b) care pedagogy and health promotion
 - c) integrated early pre-school education with the English language



- 2) Field of Tourism and Recreation (BA studies) including the following specializations:
 - a) organization of tourism and recreation
 - b) tourism and hospitality industryc) agrotourism
- 3) Field of Physical Education (BA studies) including the following specialization:
 - a) teacher training

6. Faculty of Medicine

- 1) Field of Nursing (BA studies)
- 2) Field of Emergency Medical Care (BA studies)



Term dates and public holidays

The academic year commences on 1^{st} October and ends before 30^{th} June.

Autumn/Winter Semester

Classes start in the last week of September/ first week of October and finish in the third week of January.

Christmas break: 22 December – 2 January. End-of-term examination session: January/February.

Spring/Summer Semester

Classes start in the second week of February and finish in the second week of June.

A week-long Easter break, May long weekend break: $1^{st}-3^{rd}$ May.

End-of-term examination session: June.



Public Holidays in Poland

New Year's Day - 1st January Easter Sunday - March or April Easter Monday - March or April -1st May May Day **Constitution Day** - 3rd May - June Corpus Christi Feast of the Assumption – 15th August - 1st November All Saints' Day – 11th November Independence Day - 25th December Christmas Day - 26th December **Boxing Day**







Language of instruction

The language of instruction is Polish, however other languages (English, French, German and Russian) are also used in particular classes and lectures.

Please visit our site: http://www.bw.pwsz.legnica.edu.pl

Polish language course

The University offers free Polish language courses for foreign exchange students. The courses are provided in each semester, on elementary level; no ECTS credits are awarded for attendance.





Grading scale

Polish scale:	ECTS grade:
five (pięć)	A excellent
four and a half (cztery i pół)	B very good
four (cztery)	C good
three and a half (trzy i pół)	D satisfactory
three (trzy)	E sufficient
2 two (dwa)	FX/F fail

III. FORMALITIES UPON ARRIVAL

The deadline for Erasmus Programme Coordinator of the sending school to submit via e-mail an official note specifying the students to be sent to our school is 15th May (winter semester) and 15th November (summer semester).

The note should be sent to the following e-mail address: <u>witkowskam@</u> <u>pwsz.legnica.edu.pl</u> and it should include the following information: the student's name(s), surname, sex, specification of the semester (summer, winter), the academic year and the number of months the student is going to study in Poland for.





By 31st May (winter semestr) or 30th November (summer semester) we should be sent the following documents by regular mail:

- e-version of student's application form and its ordinary version
- learning agreement
- accommodation form
- photocopy of the student's passport and ID
- 4 photos (3,5 x 4,5 cm)





On reception of the above mentioned documents we will send a letter of acceptance to your coordinator via regular mail.

A month prior to the student's departure we should be sent by regular mail the following:

- photocopy of the student's visa (if applicable),
- information form containing details of the trip – "arrival form".





Please send all the documents to the following address:

Państwowa Wyższa Szkoła Zawodowa im. Witelona w Legnicy Biuro Współpracy z Zagranicą ul. Sejmowa 5 C pok. 117 59–220 Legnica Polska/Poland

IV. STUDENT LIFE

Library

The library of the Witelon University of Applied Sciences in Legnica was created as early as the second year of the school's activity. Currently, our book stock is convergent with the fields and specializations of study and it includes 60,000 volumes, both in Polish and foreign languages, as well as 144 Polish and foreign magazines.

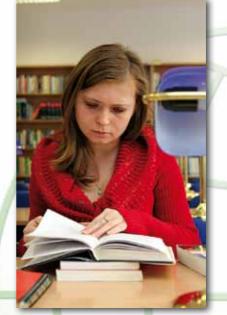
At the moment the library has 2,500 special tape recordings (CDs, video recordings, etc.).

The school library has a computerized catalog and it is equipped with up-to-date software as well as electronic appliances.

Opening hours:

Monday – Tuesday:8:00 – 18:00Wednesday:11:00 – 18:00Thursday – Friday:8:00 – 18:00Saturday:9:00 – 16:00





Student societies

- "Consumer protection" Faculty of Administration
- "Young political scientists" Faculty of Political Science
- "Young Administrators" Faculty of Administration
- "Negotiator" Faculty of Political Science
- "Contemporary Computer Science" Faculty of Management and Information Technology
- "Earth Lovers" Faculty of Administration
- "Entrepreneur" Faculty of Management and Information Technology

"Quality Management" – Faculty of Management and Information Technology

"Constitutional Law" - Faculty of Administration

Academic Sports Association

Academic Sports Association (AZS) was established in 2001, granting students an opportunity to develop their skills in a number of sports, including: football, basketball, volleyball, swimming, table tennis, cross-country running, cheerleading and break-dancing. Our students participate in taekwondo, karate, chess, sports climbing, tennis, triathlon and men's handball competitions and tournaments. Students of the Witelon University of Applied Sciences in Legnica organize inside-school championships in many sports disciplines. They also take part in a variety of events within Lower Silesia Inter-School League.

Academic Club of Tourism

The Academic Club of Tourism (AKT), established in November 2002, embraces students interested in broadening their knowledge of tourism and recreation, both through organizing and participating in various events, such as white water canoeing, trekking expeditions, extreme rallies or sightseeing tours.





Address: Dom Studenta (Hall of Residence) ul. A. Mickiewicza 10, 59 -220 Legnica, Poland



Accommodation

The accommodation deadline for the winter semester is May 31^{st} , and for the summer semester – November 30^{th} .

The Witelon University of Applied Sciences in Legnica provides accommodation for all exchange students in the University's dormitories.

All rooms have free Internet access. They are equipped with new furniture, beds, desks, chairs, pillows and quilts; there is no bed linen.

Accommodation costs vary according to the type of accommodation provided (single, double, triple or quatro room with shared bathroom and a kitchen on the floor or with a bathroom and a kitchen on the floor or, alternatively, with an en-suite bath and kitchen. The minimum rent is 275 PLN per person per month, with the maximum of 450 PLN.

Payment should be made in cash at the Dormitory Office before 10th day of each month. At check-in every student is obliged to pay a returnable security deposit of 200 PLN. The deposit is to be returned at final check-out provided that the accommodation is vacated without any damage.





Health insurance

Medical insurance is obligatory for all foreign students.

European Students

The European Health Insurance Card makes it easier for citizens of the 27 EU Member States (plus Iceland, Liechtenstein, Norway and Switzerland) to access health care services during their temporary stays abroad.

The Card grants them the same access to public sector health care (e.g. a doctor, a harmacy, a hospital or a health care centre) as the one enjoyed by the nationals of the country they are visiting. Those receiving medical attention in a country that charges fees for health care, will be reimbursed either immediately, or after they return to their home countries.

Non-European Students

Prior to their departure, non-European students should purchase relevant health insurance in their home country, covering the duration of their stay in Poland. It is also possible to purchase such insurance on the spot from National Health Fund (NFZ), which amounts to approx. 49 PLN per month.









Residence Permit

Please be prepared to obtain a Residence Permit at the beginning of your stay in Poland. Such a Permit is issued for one year. Your student guide will offer you assistance in the procedure. Required documents:

- proof of insurance (European Health Insurance Card)
- Identity Card or International passport (EU citizens)
- passport valid for minimum 1 year + Visa (non-EU citizens)



Living costs

Minimal living costs in Poland amount to 300–500 PLN per month, accommodation excluded. For your information, below we provide average prices of major products, which however, may vary depending on location.

Bread - 3,00 zł/loaf Butter – 3,50 zł/packet Eggs - 0.30 zł/each Yoghurt - 1,50 zł Milk - 2,00 z/litre Juice - 3,50 zł/litre Coke - 2,50 zł/0,5 l bottle Rice -1,50 zł/kg Sugar -3,00 zł/kg Chocolate – 2,00 zł/bar Apples - 3,50 zł/kg Bananas - 3,00 zł/kg Potatoes -1,00-1,50 zł/kg Chicken - 6,00 zł/kg Cigarettes – 9,00 zł/packet Beer -4.00-5.00 zł/0.5 l bottle Cinema/theatre ticket – 15 zł







Money facts

The currency of Poland is the Polish new złoty (PLN or zł); 1 Euro = 4,0 PLN (July 2010). Money can be exchanged at airports, railway stations, banks, hotels or exchange offices.



Public transportation

Bus

The best way to move around the city is by bus (MPK). The fares are the following:

- single ticket 2,00 PLN,
- day pass 7,00 PLN,
- monthly pass (one line) 66,00 PLN,
- monthly pass (all lines) 90,00 PLN.

Students under 26 are entitled to a 37% discount, provided that they hold a valid Polish student card.

Train

Outside destinations can easily be reached by train – National Rail (PKP). The schedule can be checked on:

http://rozkład-pkp.pl/?q=en/node/143

Students under 26 are entitled to a 37% discount for 2nd class tickets in all types of trains except InterCity and EuroCity. Please remember about your ID: a valid Polish student card.

Taxi

Taxi ranks are marked with the TAXI sign. Higher rates are charged for travel out of city limits, on Sundays and holidays, a special night fare is also applied between 10 pm to 6 am.

76 196 22 – Super Radio-Taxi 76 199 23 – Radio-Tele-Taxi 76 196 28 – Radio Taxi









Communication

Telephone

Country Calling Code for Poland: +48 Area Code for Legnica: 76

Mobile

The five major operators in Poland are: Era – http://www.era.pl Heya – http://www.heyah.pl Orange – http://www.orange.pl Play – http://www.playmobile.pl Plus – http://www.plus.pl

Postal service

Poczta Polska: http://www.poczta-polska.pl/ Postal service: http://www.cennik.poczta.lublin.pl/ engindex.php Post offices: Plac Słowiański 1, Dworcowa 4, Piastowska 72, Złotoryjska 1

Useful phone numbers: 999 ambulance 998 fire brigade 997 police 981 road assistance

While calling from a mobile phone, dial 112 or one of the above numbers preceded by the area code (e.g. to call the Police in Legnica, dial 76 997).





V. CONTACTS

International Relations Office

Małgorzata Witkowska, MA Institutional Erasmus Co-ordinator e-mail: witkowskam@pwsz.legnica.edu.pl Phone: +48 76 723 23 47 Fax: +48 76 723 29 05

Address:

Państwowa Wyższa Szkoła Zawodowa im. Witelona w Legnicy Biuro Współpracy z Zagranicą ul. Sejmowa 5 C, pok. 117 59–220 Legnica Polska / Poland www.bw.pwsz.legnica.edu.pl



Departmental Co-ordinators

Department	Co-ordinator	E-mail	Phone
Faculty of Administration	mgr Agnieszka Łakomska	LakomskaA@pwsz.legnica.edu.pl	+4876 723 22 02
Faculty of Humanities	dr Piotr Niemiec	piotrniemiec@interia.eu	+4876 723 22 15
Faculty of Political Science	dr hab. Robert Wiszniowski	wiszniowskir@wp.pl	+4876 723 22 05
Faculty of	dr Regina Kumala (Field of Tourism and Recreation)	kumalar@pwsz-legnica.eu	+4876 723 23 60
Pedagogy, Tourism and Recreation	dr Wiesława Troszczyńska- Nakonieczna (Field of Pedagogy)	wiesia.troszczynska@gmail.com	+4876 723 23 50
Faculty of Medicine	dr n. med. Marek Syrycki	syryckim@pwsz-legnica.eu	+4876 723 21 54
Faculty of Management and Computer Science	dr Oleksandr Klosov	klosovo@pwsz-legnica.eu	+4876 723 23 24



MINI GLOSSARY

Cześć!	Hello / Hi
	l
Dzień dobry	Good morning
Dobry wieczór	Good evening
Dobranoc	Good night
Do widzenia	Good bye
Do zobaczenia	See you
Do jutra	See sou tomorrow
Proszę	Please
Przepraszam	I'm sorry
Dziękuję	Thank you
Tak	Yes
Nie	No
Jak się masz?	How are you?
Co słychać?	How is it going?
Która godzina?	What time is it?
Jak dojechać do	How can I get to
Czy to daleko stąd?	Is it far from here?
Poproszę to	May I have this
Ile to kosztuje?	How much does it cost?
Ile płacę?	How much will it be?
Nazywam się	My name is
Nie mówię po polsku	I don't speak Polish
Nie rozumiem	I don't understand
Proszę powtórzyć	Please repeat. Repeat please
Przyjechałem/przyjechałam z	I have come from
Semestr	Semester, term
Egzamin semestralny	End -of -term examination
Egzamin ustny	Oral examination
Egzamin pisemny	Written examination
Praca semestralna	End -of -term paper
Sesja egaminacyjna	Examination period

Poniedziałek	Monday
Wtorek	Tuesday
Środa	Wednesday
Czwartek	Thursday
Piątek	Friday
Sobota	Saturday
Niedziela	Sunday

Pory roku	Seasons of the year	
Wiosna	Spring	
Lato	Summer	
Jesień	Autumn	
Zima	Winter	

Styczeń	January
Luty	February
Marzec	March
Kwiecień	April
Maj	May
Czerwiec	June
Lipiec	July
Sierpień	August
Wrzesień	September
Październik	October
Listopad	November
Grudzień	December













Państwowa Wyższa Szkoła Zawodowa im. Witelona w Legnicy Biuro Współpracy z Zagranicą ul. Sejmowa 5 C, pok. 117 59-220 Legnica Polska/Poland www.bw.pwsz.legnica.edu.pl